

XHS Discipline Matrix

Infraction	Ripple Effect Options:
Bullying/ Aggressive Behavior	Being a Positive Leader • managing aggression • choosing friends • controlling impulses • resentment • self-esteem • stopping reactions • making decisions • managing feelings • cause and effect • accepting responsibility • character • identifying the problem • evaluating alternatives • brush it off
Computer Usage Violation	Better Use of Tech • controlling impulses • making decisions • accepting responsibility • setting limits • solutions-evaluating • being responsible • following instructions • respectful to authority • predicting consequences • attention problems • asking for help • fear of failing • honesty • success at learning

XHS Discipline Matrix

Damaging Property	Caring for Environment • accepting responsibility • making decisions • dealing with authority • graffiti • predicting consequences • naming problems • choosing friends • stopping reactions • evaluating alternatives • responsibility • property damage • pressure • managing feelings • expressing feelings
Dangerous Item (non weapon)	Being Safe • accepting responsibility • making decisions • controlling impulses • getting help • getting support • managing feelings • predicting consequences • naming problems • pressure • managing aggression • expressing feelings • evaluating alternatives • self-confidence • responsibility-for feelings
Disrespect of Staff	Building Bridges with Adults • active listening • blurting out • disagreeing respectfully • controlling impulses • criticism • getting help • talking back • responsibility-for feelings • expressing feelings • cursing • disrupting class • following instructions • predicting consequences • respectful to authority

XHS Discipline Matrix

Excessive Tardies (3+/qt)	Being On Time • attendance • choosing friends • time management • predicting consequences • change-unplanned • accepting responsibility • self-control • getting help • getting support • naming problems • goals • self-advocacy • trying solutions • cutting class
Failure to Attend Lunch or Friday DT	Taking Ownership for Actions • controlling impulses • predicting consequences • identifying the problem • showing up • being responsible • accepting responsibility • trying solutions • motivation • evaluating alternatives • feelings-owning them • making decisions • choosing friends • following instructions • integrity
Inappropriate Conduct	Appropriate Responses • accepting responsibility • controlling impulses • following instructions • predicting consequences • evaluating alternatives • trying solutions • responsibility-for feelings • making decisions • expressing feelings • identifying the problem • integrity • managing feelings • self-confidence • respectful to authority

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Insubordination	Achieving Expectations • accepting responsibility • respectful to authority • active listening • predicting consequences • following instructions • managing aggression • talking back • asking for help • evaluating alternatives • managing feelings • managing stress • disrupting class • controlling impulses • arguing
Leaving Class w/o Permission	Staying in Class • accepting responsibility • coping • making decisions • evaluating alternatives • predicting consequences • managing feelings • disrupting class • managing aggression • getting help • following instructions • frustration • expressing feelings • stopping reactions • self-advocacy

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Leaving School w/o Permission	Using Coping Skills • attendance • frustration • managing feelings • coping • accepting responsibility • predicting consequences • evaluating alternatives • naming problems • making decisions • stopping reactions • self-control • getting help • quitting • getting support
Out of Assigned Area	Understanding Limits • accepting responsibility • boundaries • making decisions • controlling impulses • predicting consequences • following instructions • evaluating alternatives • choosing friends • being responsible • coping • identifying the problem • integrity • trying solutions • getting support
Profanity	Positive Student Voice • accepting responsibility • cursing • disagreeing respectfully • controlling impulses • managing feelings • brush it off • self-esteem • predicting feelings • predicting consequences • name-calling • managing stress • managing aggression • saying what you need • respectful to authority

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Providing False Information	Being Honest • accepting responsibility • truthfulness • making decisions • choosing friends • predicting consequences • naming problems • being responsible • following instructions • character • listening • resentment • respectful to authority • self-advocacy • self-control
Skipping Class	Being Present • accepting responsibility • attendance • skipping school • asking for help • controlling impulses • choosing friends • making decisions • predicting consequences • naming problems • managing feelings • managing stress • quitting • success at learning • respectful to authority
Student/Staff Abuse (verbal)	Choosing Words Wisely • managing aggression • accepting responsibility • respectfully disagreeing • managing feelings • managing stress • respectful to authority • controlling impulses • making decisions • getting help • brush it off • predicting consequences • naming problems • responsibility-for feelings • talking back

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Theft	Rightful Ownership • accepting responsibility • predicting consequences • asking for help • getting support • controlling impulses • making decisions • naming problems • evaluating alternatives • honesty • pressure • choosing friends • responsibility • stopping reactions • boundaries
Throwing, Discharging, Launching	Controlling Impulsives • controlling impulses • stopping reactions • choosing friends • accepting responsibility • making decisions • predicting consequences • trashing things • evaluating alternatives • following instructions • getting help • hyperactive • managing aggression • outbursts • pressure
Tobacco, Nicotine, Vapes	Healthy Habits • quitting habits • addicted • making decisions • predicting consequences • getting help • getting support • choosing friends • setting goals • managing feelings • managing stress • evaluating alternatives • trying solutions • self-control • self-esteem

XHS Discipline Matrix

Generic Behavior Support	Better Decisions • accepting responsibility • managing feelings • getting help • identifying the problem • responsibility-for feelings • predicting feelings • expressing feelings • cause and effect • alternatives-evaluating • making decisions • coping • growth mindset • goals • self-control
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